



(H)(M)(R)(B)

HUMANITARIAN MEDICAL/RELIEF BODY FOR AFGHAN REFUGEES

No. _____

Date _____



ANNUAL REPORT

OF

HUMANITARIAN MEDICAL/RELIEF BODY
(HMRB)

FOR THE PERIOD

FROM AUGUST 1996 TO JULY 1997

Head Office
Kacha Garh
AR Camp No. 1,
Jamrud Road,
Peshawar, H.W.F.P.
Pakistan.

P.O. Box
No. 1012
University Town,
Peshawar, N.W.F.P.
Pakistan.

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Peshawar Cantt.
(Code 0386)**

INTRODUCTION

Due to the Russian Invasion in Afghanistan, the Afghan Refugees issue started in early 1979, and the relief agencies from different parts of the world established their offices in Pakistan for relief activities.

In the beginning, when Afghan Refugees came to Pakistan, there were hundreds of Voluntary Agencies, from different countries, who were providing help in different ways to these poor Afghan Refugees,

Beside other relief activities, Saudi Red Crescent Society, established, basic health units in different camps in which two BHUs were established in Kacha Garhi. Kacha Garhi Afghan Refugees Camp is the biggest Refugees camp in District Peshawar, having a population of more than 95,000 and the two BHUs were the only source of getting medical help by the inhabitants of this camp.

In 1995, Saudi Red Crescent Society for Afghan Refugees in Pakistan, stopped its aid for the relief activities and closed all the Basic Health Units providing medical assistance to the Afghan Refugees in different Refugees Camps including Kacha Garhi.

Furthermore, it will not be out of place to mention that the Afghan Refugees are now in dire need of such help more than from the past. They are now in much more miserable and critical condition since ever and keeping in view the miserable and worst conditions of the Afghan patients, particularly Women and Children. Humanitarian Medical/ Relief Body (HMRB), organized by the following Executive Body Members:

1. President
2. Vice President
3. General Secretary
4. Finance Secretary
5. Press Secretary
6. Executive Member for General Relief
7. Executive Member for Health Projects

All the above members are very well qualified and experienced in relevant field.

To help the poor and needy Afghan Patients, HMRB, took the responsibility and approached to the Worthy Commissioner Afghan Refugees, N.W.F.P., for re-opening the BHU at Kacha Garhi and in August 1996, HMRB, started its activities under **SELF HELP SCHEME**.

Initially, HMRB, faced too many problems and different Organization, working for Afghan cause were contacted for help, but due to the lengthy policies and procedures for helping new NGOs, HMRB, could not succeed even in getting basic assistance.

HMRB, has no REGULAR DONAR, but even then by the grace of Al-Mighty Allah, the responsibilities were very successfully handled, and proved its capabilities for operating the BHU in such a hardship time without any financial assistance.

After more than 15 years of services, most of the agencies have either reduced the relief activities or almost closed. As far as the number of refugees are concerned, that is even more than before or equal as earlier. The families who have returned to their homeland, according to the papers of the concerned agencies, may not correct or they have probably come back due to the current situation in Afghanistan. Therefore, the statistics available in the concerned offices may also not correct.

Though, HMRB, is a new organization and have no source of funding but helping the Afghan brethren sincerely and during such a short time HMRB, has provided medical facilities to the poor Afghan patients of the camp. During the month of October, HMRB, has distributed 50 Tins of Ghee and 100 pairs of plastic shoes amongst the poor and needy Afghan Refugees. These items were donated by a Pakistani muslim brother, upon the request of the Director of HMRB.

HMRB, to the looks towards all the relief agencies and seeks their support and cooperation in this regard, so that this sacred mission may not be discontinued. HMRB, further assures all concerned that any kind of help and assistance will be utilized only for the sake of poor and needy Afghan Refugees.

However, HMRB, sincerely thanks to:

1. The Commissioner Afghan Refugees, N.W.F.P., Peshawar, for providing opportunities by issuing NOC, for:
 - a. Establishment of BHU, at Kacha Garhi (Annex-A)
 - b. Establishment of an Income Generating Project at Kacha Garhi as a joint Venture with Afghan Drug Control Organization (ADCO) a local NGO, for Afghan Refugees. (Annex-B)
 - c. Establishment of a BHU, and an Income Generating Project at Daag Besud as a joint Venture, with ADCO. (Annex -C)
2. The Chief Secretary, Government of N.W.F.P., for:
 - a. Issuing letters to 14 NGOs for providing support and assistance to HMRB. (Annex-D)
 - b. Issuing letter and recommending HMRB, to the Planning & Development Department, Government of N.W.F.P., Peshawar, for Foreign Aid (Annex-E)
3. The Additional Commissioner (Security), Afghan Refugees, Government of N.W.F.P., Peshawar for recommending HMRB, for registration with States and Frontier Region Division, Government of Pakistan, Islamabad. (Annex-F)
4. The Chief UNHCR, for:
 - a: Providing medicines as a 2 months quota, for HMRB, BHU from February, 1997.
 - b: Issuing Vehicle for Administrative duties of HMRB, on loan basis.
5. The Chief Commissioner Afghan Refugees, Government of Pakistan, Islamabad for:
 - a. Providing Chinese, (Donated) medicines for HMRB's BHU.

6. The Project Director Health, Afghan Refugees, N.W.F.P., Peshawar for:
 - a. Providing technical assistance from time to time as well as in EPI, Programme.
7. President, Saudi Red Crescent Society in Pakistan, for:
 - a. Providing premises Medicines and Medical Equipment from time to time.
 - b. Complete Dental Unit.
8. Social Welfare Officer, RCD, Project No.I, Tehkal Bala, for providing premises for a Health Centre, for Women and Children at his office for both Pakistanis and Afghan Refugees, and recommending HMRB, for registration with Government of N.W.F.P.

FUNCTIONS

HMRB, has successfully completed its 1 year and have the following establishments for the welfare of Afghan Refugees.

1. 2 BHUs at Kacha Garhi and Daag Besud
2. 1 Health Centre for Women and Children at Jehangir Abad,
3. 2 Income Generating Projects at Kacha Garhi and Daag Besud as a joint venture with ADCO.

HMRB, is providing the following Medical assistance to the poor and needy patients in the BHUs.

CURRENT FACILITIES AT HMRB'S BHU:

1. Examination and Treatment of General out door patients
2. Health Education, through a Lady Health Educator
3. Mother Child Health (MCH)
4. Immunization Programme (EPI) (Started from 16-11-1996)
5. Malaria Control and necessary treatment
6. Limited laboratory diagnostic services including Urine, Blood, Complete M.P. Stool Test, Grouping tests etc.
7. Dental Care Services

HMRB, has appointed well educated and experienced staff for the BHUs. Most of the staff members are Afghan National and HMRB, also intends to hire the staff for the BHU, who should fulfill the requirements of the Project Director Health, Afghan Refugees, N.W.F.P., and UNHCR.

CURRENT VOCATIONAL TRAINING FACILITIES:

To provide maximum facilities either in health or otherwise, HMRB, has established a Vocational Training/Income Generating Project for the welfare of Afghan Refugees at Kacha Garhi, as a joint Venture with Afghan Drug Control Organization (ADCO) where the Afghan students will be trained in following trades:

1. Soap Making
2. Caps/Shawl Making
3. Plastic Chappal Making

Premises (From Saudi Red Crescent) and Permission (from Commissioner Afghan Refugees N.W.F.P.) for another BHU and Income Generating Project at Daag Besud have already been obtained and will be established within the next two months.

During the past one year a total number of 45,745 patients have been examined as well as provided with necessary medicines FREE OF COST in Kacha Garhi BHU, as per detail given below:

MONTH	MEN	WOMEN	C H I L D R E N			TOTAL
			0-1 YR	1-5 YR	5-15 YR	
AUG. 1996	237	771	481	749	512	2750
SEP.	173	1324	621	949	619	3686
OCT.	201	1353	822	1172	850	4398
NOV.	309	1479	879	1252	950	4869
DEC.	481	1648	1025	1432	1262	5848
JAN. 1997	428	1423	992	1372	1186	5401
FEB.	339	1350	933	1302	1135	5059
MAR.	77	1013	703	802	815	3410
APR.	135	976	712	768	803	3388
MAY	219	984	436	586	514	2739
JUN	147	706	391	561	260	2065
JUL.	207	681	255	483	500	2126
TOTAL	2953	13708	8250	11428	9406	45745

Total population of Kacha Garhi Camp is more than 95,000 while HMRB, coverage is 28,900 and this only BHU is not sufficient for covering the overall health situation. For this very reasons HMRB, is sincerely planning to establish a Sub Health Unit (SHU), or a Mobile Health Unit to extend health facilities for Afghan Refugees to the other parts of the camp. Efforts are in progress and hopefully, in early 1998 such activities will be started in this camp.

HMRB, has started the Immunization Programme in November 1997 and a well qualified female Vaccinator has been appointed. The accumulative figure of Expanded Programme on Immunization (EPI), for the period of one year is as under:

CHILDREN	BCG	POLIO	P O L I O			D P T			MEASLES	FULLY IMMUNIZED
			1	2	3	1	2	3		
Under 1 year	597	158	659	608	357	644	558	332	154	71
Over 1 Year	34		39	47	44	39	43	43	112	41
TOTAL	631	158	698	655	401	683	601	375	266	112

WOMEN 15-45	T.T.1	T.T.2	T.T.3	T.T.4	T.T.5
PREGNANT	314	115	14	5	1
NON PREGNANT	117	102	17	1	2
TOTAL	431	217	31	6	3

Mother and Child Health Programme (MCH), has also been started in February, 1997 and a Lady Health Visitor has been appointed for looking after this facility.

HMRB, is working on both CURATIVE and PREVENTIVE sides, while the Primary Health Care Programme (PHC) is under consideration and will be started soon as per the required standard of Project Director Health & UNHCR. HMRB, intends to train the Afghan Students and after completion of their training, they will be assigned to go inside Afghanistan to help the poor and needy patients of certain areas, where no basic medical assistance is provide. These students will be given First Aid boxes, with necessary required medicines for the inhabitants of far flung areas of Afghanistan.

LIST OF EMPLOYEES:

H.M.R.B. has appointed the following qualified staff in the BHU at Kacha Garhi:

1. Female Medical Officer
2. Lady Health Visitor
3. Female Dentist
4. Female Nurse
5. Dispensar
6. Laboratory Technician
7. Malaria Supervisor
8. Female Vaccinator
9. Traditional Birth Attendant (TBA)
10. Lady Health Educator

As mentioned earlier that all the staff are well qualified having sufficient experience in their related field and they have worked with similar organizations before joining HMRB. They are very well aware of the services and beside their own knowledge, HMRB, has given special instructions to all the staff of BHU, to extend full co-operation to the poor and needy Afghans who visit the BHU for assistance.

FUTURE PLANNING:

The people of Kacha Garhi camp have demanded through a team of elders that the medical facilities should be extended for 24 hours and a training programme for the Afghan youth may be started, so that the inhabitants will enjoy full time medical facilities and the Youths should be trained to have job opportunities as well as to be kept them away from un-social activities.

HMRB, has consequent link with the honourable Commissioner Afghan Refugees, Project Director Health, Afghan Refugees, N.W.F.P., and UNHCR, so that the whole activities should be strictly followed under the close supervision of their esteemed offices. HMRB, has approached to other Relief Agencies, working for Afghan Cause, for necessary assistance and cooperation too.

HMRB, is sincerely planning to initiate a Vocational Training Institute in the area, beside the expansion of medical facilities to the other parts of the camp, so that maximum medical help to be provided to the Afghan Refugees. In this regard the following establishments are also under consideration:

PROPOSED MEDICAL FACILITIES:

1. Basic Health Units for both Afghan refugees as well as for local community, in rural areas of NWFP.
2. A 24 hours operating Dispensary at Kacha Garhi,
3. A Gynae Hospital, at Kacha Garhi
4. A 6 Bed hospital for Drug abused at Daag Besud, as a joint venture with ADCO.

PROPOSED VOCATIONAL TRAINING INSTITUTE/ INCOME GENERATING SCHEME:

HMRB, is planning to establish the following units, where students will be trained in Preparation, Packing and Marketing, enabling and make them self sufficient to some extent.

1. Preparation of Non foodable items:
 - a: Socks
 - b: Plastic Chappal
 - c: Shoe Polish
 - d: Tooth Paste
 - e: Soap Making
 - f: Shawl Making

2. Preparation of foodable items:

- a: Tomatoo Katch up
- b: Jam and Jelly
- c: Pickle
- d: Squashes

Construction for the said units has started and some basic machinery for Clothing Unit has already been purchased, but due to shortage of funds the work has only been started at Kacha Garhi. HMRB, is very keen to establish such Units in other camps as well and efforts are, threrefore, in progress. The Donar agencies are being consequently contacted for donations to be spent on these Units.

SOURCE OF FUNDINGS:

Since the establishemt of this organization, HMRB, has consequently contacted different donar/relief agencies for such assitance, but Beside the request of the Chief Secretary, Government of N.W.F.P., HMRB, has not succeeded, even after completion of 1 year of its activities. HMRB, is operating the activities under SELF HELP.

Proposals for establishment of Health Units and Training Projects have been submitted to several organizations and hopefully, HMRB, will get a positive response.

HMRB, understands that this sacred mission of helping the poor and needy Afghan patients and Afghan Youths would need great help, assistance, support and encouragement of the concerned agencies. Therefore, all concerned are approached for assistance, so that the above mentioned establishments may be completed within minimum possible time and the people of the camp may be provided maximum medical help and better job opportunities.



MEDICAL OFFICER IS EXAMINING
A CHILD PATIENT AT BHU



LABORATORY TECHNICIAN EXAMINES A MALARIA SLIDE

NURSING AND VACCINATION PROGRAMME

H.M.R.B



H.M.R.B



DENTAL CARE SERVICES AT HMRRB'S BHU

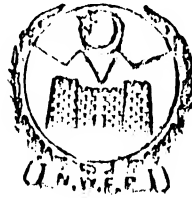


NSS, ACTIVITIES AT HMRB'S BHU



INCOME GENERATING PROJECT
OF HMRB & ADCO.





CHIEF SECRETARY

GOVERNMENT OF N.W.F.P.

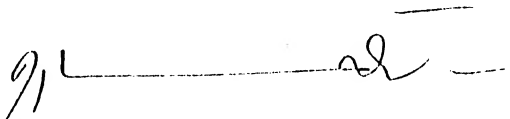
No.FS/CS/HWFF/97

Dated June 13, 1997

SUBJECT: ASSISTANCE TO NGOS

Humanitarian Medical/Relief Body for Afghan Refugees is a recently established NGO. It is basically operating in the health sector. The performance of the NGO over the last one year is impressive.

I would appreciate if some assistance is extended to the NGO in term of funding, equipment, medicine and transport. I would advise that such assistance may be extended after evaluation of the performance of the NGO.


(RUSTAM SHAH MOHMAND)

OFFICE OF THE
COMMISSIONER AFGHAN REFUGEES,
N.W.F.P. PESHAWAR.

No: /((2-B)/S/AR

Dated PESHAWAR, the 19 /Dec:96

To: The Secretary,
States & Frontier Regions Division,
Government of Pakistan, Islamabad.

Subject: REQUEST FOR REGISTRATION OF HMRB AS
NGO AT THE LEVEL OF SAFRON ISLAMABAD

The Deputy Director Coord: of Humanitarian Medical/Relief Body for Afghan Refugees (HMRB) at Peshawar vide his application No: HMRB/CAR/96/119 dated 10.12.1996, informs thereby that the NGO started its activities in August, 1996 for the provision of health assistance to the needy and displaced Afghan Refugees under 'Self Help Scheme'. In recognition of his excellent working for the welfare of ARs in the field of medical, the CAR/NWFP had been pleased to issue an N.O.C to the continuation of its activities on provincial level. Requests for the registration of the NGO with SAFRON Islamabad.

Therefore, his application togetherwith relevant documents are sent herewith for favour of further appropriate action please.

(RAHIM BADSHAH)
ADDL:COMMISSIONER (SECURITY)
AFGHAN REFUGEES,NWFP,PESHAWAR.

Encls: a.a

Endst:No: 844-45 /((2-B)/S/AR of even date.

✓ Copy to the Dy:Director Coord: of Humanitarian Medical/Relief Body for ARs Kacha Garhi AR camp No:1 Jamrud Road, Peshawar for information with reference to his application quoted above please.

(RAHIM BADSHAH)
ADDL:COMMISSIONER (SECURITY)
AFGHAN REFUGEES,NWFP,PESHAWAR.

OFFICE OF THE
COMMISSIONER AFGHAN REFUGEES
N.W.F.P., PESHAWAR

NO OBJECTION CERTIFICATE

The Afghan Refugees Commissionerate NWFP, Peshawar has no objection to the operation/management of a BIU at Kacha Garhi No.1 camp by Humanitarian Medical/Relief Body, Peshawar for the benefit of the Afghan Refugees pending formal registration with the Government of Pakistan/SAFRON Division, Islamabad.

Sd/-

Additional Commissioner(Logistics)
Afghan Refugees, N.W.F.P., Peshawar

No.CAR/Dev-1(Health)/ 11034-37 Dated; Peshawar, the 25/11/1996

Copy forwarded to:-

1. The Head UNHCR, Sub Office, Peshawar.
2. The Addl:Commissioner(S) Afghan Refugees, NWFP, Peshawar
- ✓ 3. The Director, Humanitarian Medical/Relief Body
Kacha Garhi Afghan Refugees camp No.1 Peshawar.
4. The Project Director (Health), A/Refugees, Peshawar

Additional Commissioner(Logistics)
Afghan Refugees, N.W.F.P., Peshawar

OFFICE OF THE
COMMISSIONER AFGHAN REFUGEES
N.W.F.P., PESHAWAR

No. CAR/AC(P)/ 6408

Dated; Peshawar, the 18/7/1997.

Director,
Humanitarian Medical/Relief Body,
Kacha Garhi Camp No.1, Peshawar

Subject: PERMISSION FOR BASIC HEALTH UNIT AND
INCOME GENERATING PROJECT AT DOG BESUD

Reference: Your letter No. HMRB/CAR/97/105 dated
23.7.1997 on the subject.

The Commissioner Afghan Refugees, NWFP has been pleased
to allow your organisation to run a BIU and an income generating
project for the welfare of Afghan Refugees at Dag Besud in the
premises vacated by the Saudi Red Crescent Society.

The Commissioner Afghan Refugees, NWFP has been further
pleased to allow you to arrange your own water supply
system/shallow well in the area around the tube well abandoned by
UNHCR adjacent to Saudi Red Crescent Society clinic.


ADDITIONAL COMMISSIONER (LOGISTICS)
AFGHAN REFUGEES, N.W.F.P., PESHAWAR

NC. CAR/AC(P)/ _____ Dated; Peshawar, the ___/7/1997

Copy forwarded for information to the:-

1. Secretary Home & T.As. Deptt. Govt of NWFP, Peshawar
2. Head UNHCR, Sub Office, Peshawar.
3. Project Director(H) ARs, NWFP, Peshawar.
4. District Administrator, ARs, Peshawar.


ADDITIONAL COMMISSIONER (LOGISTICS)
AFGHAN REFUGEES, N.W.F.P., PESHAWAR

OFFICE OF THE
COMMISSIONER AFGHAN REFUGEES
N.W.F.P., PESHAWAR

No. CAR/AC(P)/

6403

Dated; Peshawar, the 1/8/1997.

To

✓
Mr. Barkat Shah,
Director,
Humanitarian Medical/Relief Body,
Kacha Garhi Camp No.1, Peshawar.

Subject: REQUEST FOR PERMISSION OF INCOME GENERATING PROJECT.

Reference: Your letter No. JV/97/CAR/099 dated 21.7.1997
on the subject.

The Commissioner Afghan Refugees, NWFP has been pleased
to allow the launching of an income generating project jointly by
the Humanitarian Medical/Relief Body and Afghan Drugs Control
Organisation at Kacha Garhi for the welfare of Afghan Refugees
out of own resources.

ADDITIONAL COMMISSIONER (LOGISTICS)
AFGHAN REFUGEES, N.W.F.P., PESHAWAR

No. CAR/AC(P)/_____ Dated; Peshawar, the ___/7/1997.

Copy forwarded for information to the:-

1. Secretary, Home & T.As. Department, NWFP, Peshawar
2. Head UNHCR, Sub Office, Peshawar.
3. District Administrator, ARs, Peshawar.
4. Engineer Abdullah Jahid, Director Afghan Drug Control
Organisation, Peshawar.

ADDITIONAL COMMISSIONER (LOGISTICS)
AFGHAN REFUGEES, N.W.F.P., PESHAWAR



NO.268/PE&D/Health/96/106
GOVERNMENT OF N.W.F.P.
PLANNING, ENVIRONMENT AND
DEVELOPMENT DEPARTMENT.

Dated Peshawar the 21st January, 1997.

To

Mr. Barkat Shah,
Director, Humanitarian Medical/Relief Body,
P.O.Box NO.1012, University Town, Peshawar.

Subject:- PROGRESS REPORT/REQUEST FOR FUNDING SOURCE.

Sir,

Reference your letter NO.HMRB/MED/97/008 dated 9.1.1997 on the subject cited above and to convey the appreciation of the Additional Chief Secretary Government of NWFP for the good work done by the NGO (Humanitarian Medical/Relief Body) and their achievements in providing Medical Services to the poor and needy Afghan Refugees within a short period of 5 months.

While, all efforts will be made to introduce to the NGO interested donors it is hoped that your NGO will keep up the good work.

Your Obedient Servant,

(SHAFIULLAH KHAN)
CHIEF OF SECTION (HEALTH)

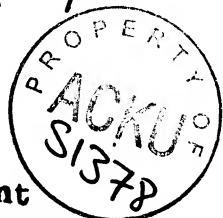
f. 21/1/97

Enclst NO. As above.

Copy to:- No. 107-10

1. The Secretary to Government of NWFP, Health Department alongwith a copy of the report for information & necessary action.
2. The Chief of Section (F.Aid), PE&D Department.
3. PS to ACS NWFP - PE&D Department. : for information.
4. PA to Secretary - PE&D Department.

CHIEF OF SECTION (HEALTH)



f. 21/1/97